

St. John Bosco Hot Weather Plan

2022-2023

St. John Bosco will follow the Dufferin-Peel Catholic District School Board and Peel Health guidelines during the hot weather.

Our staffroom, main office, and library all have air conditioners and, as such, will be designated cooling areas if and as needed.

As part of our ongoing commitment to student and staff wellbeing, we will also:

- Monitor heat advisories and adjust activities as required
- Remind everyone to wear light clothing, a broad brimmed hat, sunglasses, and sunscreen via classroom signage, announcements, and letters to our community
- Remind everyone to drink plenty of water and allow frequent water breaks during recess and/or class time as necessary
- Keep physical activity down during the hot periods of the day and ensure staff are monitoring students for signs of heat stress
- Encourage students to seek shade during recess periods
- When possible, ensure indoor temperatures are comfortable by keeping blinds/curtains drawn

St. John Bosco school staff have been made aware of the signs and symptoms of heat stroke, heat exhaustion and heat cramps and directed to follow first aid procedures promptly. Families can help us by having your child wear a hat, loose fitting clothing, sunglasses, and by putting sunscreen on them in the morning.

For more information and Hot Weather Guidelines, please visit the Peel Public Health Website:

<https://www.peelregion.ca/health/heat/default.asp?page=gen-pub-guidelines>